

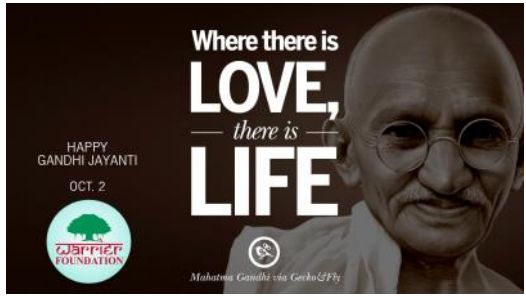
# Warrier Foundation's NURTURE



October 2, 2021

AN IN-HOUSE E-NEWSLETTER

'Manava Seva is Madhava Seva' is derived from a very high philosophical understanding of 'Aham Brahmasmi'. With this enlighten perception, the ultimate purpose of spiritual seeker is self-realization. While doing social service for the benefit of humanity and nature without expecting any rewards will allow us to let go our

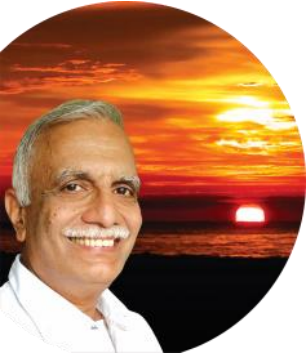


identity, the ego. Being a *karma yogi*, this thought will lead us to be a self-reliant soul.

NURTURE is a periodical prepared by Warrier Foundation inmates and participants to reflect these social activities, which we are carrying out periodically. Let us all enroll each other and be a participant in sharing your day-to-day experiences relating to your social and spiritual activities.

With love and regards,

**A S Madhavan** (Managing Trustee)



## Our association with 'Warrier Foundation'

We have a very good association with Warrier Foundation. A few years ago, we were looking for a girl in need of help as we had planned to support her studies. We wanted to find a genuine candidate for that. That's when we came to know about Madhavan sir through a common friend. Then we had a meeting with him and got to know about all his philanthropic works, Balamandiram etc.

At that point, Madhavan sir was trying to find a sponsor for a girl in Balamandiram who was doing Engineering. She was good in studies and wanted to do big in life. Thus we decided to support her studies. Now that girl completed her studies and got a good job in FLYJAC LOGISTICS Company and is working in Chennai.

We have been to Balamandiram in Thirunavaya. We liked the atmosphere there. All the girls were happy. Madhavan sir's elder sister Thilakam aunty is *ammamma* to all the girls. Balamandiram provides all the facilities for the holistic development of the girls. They are taught yoga.

We have also visited the Balamandiram for boys in Panvel, Navi Mumbai. We found all the boys happy there. They have a very good Guru there. They learn Vedic Mantras. Madhavan sir is a person with great vision. He works with great enthusiasm for the development of the society. His passion for doing his bit for the less privileged in the society is truly commendable. We wish him all the best for all his future endeavors.

**Manoj Kumar, CEAT Tyres**



Vijitha

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Dhruva Madhavan

**Panvel Centre:**  
Vishnu Prasad Gautam  
Abhishek Pandey

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### Our Philosophy :

*AhamBrahmasmi - "I am the infinite reality". Human beings have boundless intelligence and immeasurable inner potential. The purpose of life is to discover who we are, and realize our free and blissful state of being. Our being will enable others to grow and evolve through integrating body, mind, intellect and spirit.*

### Our Mission :

*To empower individuals to discover and realize their full potential in Physical, Mental, Family, Professional, Social and Spiritual dimensions. This is achieved through Education, Health Care, Social and Spiritual activities.*



Photo courtesy : Anish Balan

## Warrier Foundation, Anakatty

# JNANA SEVA KENDRA

Nestled among lush green hills with abundant natural beauty, Warrier Foundation, Anakatty is endeavoring towards the local development as part of its social commitment.

### ACTIVITIES UNDERTAKEN:

- Joining hands with other NGOs, has constructed 202 houses for the underprivileged.
- Used to conduct monthly medical check - up through Ayurveda doctors.
- Supporting to provide employment.
- Created a facility of 40 room, an auditorium and vegetarian food arrangement and at another location 7 independent houses and a guest house.
- Tailoring facility with one dozen machine. This is to provide employment opportunity for the local people.
- During the 1<sup>st</sup> phase of corona, provided free food for police and medical staff posted at Anakatty for a period of 2 months.
- Used to impart free spoken English classes for local school going children.
- Conducted free yoga /meditation sessions.
- Cultivation activities by planting banana and tapioca plants and some other fruit bearing allied trees.
- As an environmental and ecological sustenance measure, we are planting trees in all the open spaces inside the compound.



### A CATALIST SUPPORT TO THE LOCAL POPULACE IN ENHANCING THEIR LIVING STYLE WITH EMPLOYMENT AND LIFE SKILL UPLIFTMENT.

#### BUILDING SELF-SUFFICIENCY IN THE COMMUNITY

- Undertaking a survey of the nearby areas through the educated local youths to understand the pressing needs of the people thereby extending possible support measures/mechanism.



- Setting up a sports /game facility (football/volley ball and chess/carom) for the local youth. Sports activity will make them physically fit and also will save them from possible drugs/alcohol menace.
- Providing free skill enhancement to the educated local youths to enable them to take up jobs.
- Reviving the already available tailoring facility

and thereby provide employment avenues.

- Life Skill Training to the youths especially in areas of self-management and resistance to drugs and alcohol. ■



## MAZHUVANNOOR WARRIER FOUNDATION'S new initiative **WARRIER FOUNDATION SPORTS ACADEMY**

The activities of the Warrier Foundation started in 2012 at Mazhuvannur in Ernakulam district are continuing unabated. The Warrier Foundation, based on the motto **"Loka: Samastha: Sukhino Bhavanthu"**, is working hard to achieve the goal of uplifting the underprivileged in the community. Warrier Foundation has been carrying out various philanthropic service activities in the community as **'Manava Seva is Madhava Seva'**. The education system incorporating Yoga and Meditation along with artistic and moral value, helps students build a holistic personality. The Volleyball Academy was started as a starting point for this.

The Volleyball Academy, which was inaugurated on June 14, 2020 by the President of the Sports Council, Sreenijin, Customs Superintendent Yusuf T Ibrahim and District Panchayat Member George Idaparathi is progressing well. There are currently 50 children in the volleyball academy. The practice lasts for two hours in the morning and evening. Various facilities are being provided for the physical and mental health development of the children. The Warrier Foundation Academy emerged winners in the Mini Volleyball Selection Trials held at Paravur, Ernakulam District on March 19, 20, 2020 - 21 and all the children who participated were selected in different districts. Preparations are

### **Kunnathunadu MLA Shri Sninijin visit to the WF Sports Academy**

MLA Advocate V P Sreenijin, a former volleyball player, visited our academy and gave valuable suggestions to learn more about our Academy which has become one of the leading academies in Ernakulam district within a year. He found time to play with the children and to point out and correct the mistakes that the children were making.



*Inaugurating the Warrier Foundation Sports Academy*

underway for the 2021-22 selection trials. Admission to the Academy is still ongoing.

The Warrier Foundation provides free coaching facilities for the economically and socially disadvantaged. The academy has international level



**WARRIER FOUNDATION  
MAZHUVANNOOR  
SPORTS ACADEMY  
INAUGURATION**



**WINNERS  
OF  
CHAMPIONSHIP  
2020-2021**



playgrounds, physical fitness facilities, a nutritionist-led diet, yoga and meditation for mental health, a mini gymnasium for fitness and a well-equipped library for reading. A balanced diet of sprouted grains, leafy vegetables, fruits, milk and eggs is provided for better physical condition of students. ■



## Experiencing the 'Warrier Foundation'

From the time of my post graduation at the Sanskrit University's Thirunavaya Regional Center, I heard about the Warrier Foundation and Balamandiram, and many of those who studied there were inmates of my PG class also.

I came to know more about Warrier Foundation and its activities after joining as a staff in '**Dean Dayal Upadhyay Grameen Kaushalya Yojana**' project.

I was amazed to learn that the Warrier Foundation is the sum total of the noble vision of the philanthropist AS Madhavan. All the experiences associated with the Foundation are moments of realizing that the merciless fountain of mutual love is boundless and beyond all other standards.

Social interactions beyond caste, creed, color, country, and language are rarely possible for the marginalized. The Warrier Foundation and Madhavan Sir are important among them. As I personally visited all the centers like Mazhuvannoor *Balamandiram* in Ernakulam, the *Njana Seva Kendram* at Anakatti & Moolakkada, Palakkad district, and *Ashrithamandiram* at Kumbidi in Malappuram where 20 houses were provided free of cost for the underprivileged. I can say with certainty that this movement and its founder, Madhavan sir is one of the rare trees that provide roots and shades to the society. ■



Jamsheer T P



## DDUGKY-WARRIER FOUNDATION SKILL DEVELOPMENT CENTRE WHICH ASSURES EMPLOYMENT OPPORTUNITIES IN INDIA



The scheme focuses on catering to the occupational aspirations of rural youth and enhancing their skills for wage employment. Implementation of DDU-GKY involves State Governments, Technical Support Agencies like the National Institute of Rural Development and Panchayati Raj (NIRD & PR), and Project Implementing Agencies (PIAs). MoRD has notified the Guidelines and Standard Operating Procedures (SOP) to be followed while implementing the programme. It is mandatory for all project functionaries under DDU-GKY to be trained, assessed and certified in the Standard Operating Procedures.

**VISION:** Deen Dayal Upadhyaya Grameen Kaushalya Yojana (DDU-GKY) is the skilling and placement initiative of the Ministry of Rural Development (MoRD), Government of India. DDU-GKY has its origins in the Aajeevika Skills programme and the 'Special Projects' component of the Swarnjayanti Gram Swarozgar Yojana.



To be a Centre of Excellence and a global leader for policy design and implementation in skilling and placement linked skill programs for rural youth of the developing countries.

**MISSION :** To provide technical services such as monitoring, evaluation, training, content development, and research for the programs undertaken by Government at national level to enable rural poor youths including socially disadvantaged groups to secure a better future.



Youth being enthusiastic, vibrant, innovative and dynamic in nature is the most important section of the population. A country's ability and potential for growth is determined by the size of its youth population. The energy and passion of the youth if utilised properly, can bring huge positive change to the society and progress to the nation. We at Warrier foundation has committed to train 350 young minds under the DDUGKY project. As per the project, the Project Implementing Agency i.e. Warrier foundation has to select the under privileged rural youth from the age group of 18 to 35 years. After the selection proper level of exposure on the selected course should be given by endorsing class room training and OJT. After the training completion, the PIA should send them for placement. Currently, we have 70 students under the DDUGKY project. ■

## ONLINE HANDWRITING IMPROVEMENT CLASS AT DDU-GKY SKILL DEVELOPMENT COURSE

*'Good Handwriting is an Art'. Learning this art, boosts the self-confidence and the satisfaction derived from mastering it, spreads to all walks of life.*

Ernakulam is a district of Kerala, India that takes its name from the eponymous city division in Kochi. It is situated in the central part of the state, spans an area of about 3,000 square kilometers, and is home to over 9% of Kerala's population. Its headquarters are located at Kakkeri road. The district includes Kochi, also known as the commercial capital of Kerala, which is famous for its ancient Hindu temples, churches and mosques. The district includes the largest metropolitan region of the state: Greater Cochin. Ernakulam is the district that yields the most revenue and the largest number of industries in the state. Ernakulam is the third most popular district in Kerala, after Malappuram and Thiruvananthapuram (out of 14 districts). The district also hosts the highest number of international and domestic tourists in Kerala state.

### DDU-GKY WF Skill Development : Online Class and Handwriting

*"This too shall pass"*  
- Abraham Lincoln

Mankind face lot of challenges and struggles overcoming them for survival. Coronavirus shook a drastic change in all sectors. It affected all the parts of the economy and, it also affected our education system. So, we should find some ways to get rid of this issue that's why we set up Virtual classroom. Basically, it's not a conventional mode of teaching but we got used to it in spite of various drawbacks.

I came to know about the DDU-GKY Warrier Foundation project through my friend and joined the online classes I felt it was a very effective and good interaction with our teachers.

And we got our new teacher Ramesh for handwriting. First, it seems like weird as the graduates need to study it but eventually, sir started his class and talks about **BODY LETTERS, HEAD LETTERS, TAIL LETTERS** and **SIZE, SLANT, SPACE** and we got an enlightenment *"Beautiful Handwriting is an Art"*. We need dedication, patience, and hard work to succeed here too we need to use the same tools apart from handwriting.

We got a keen knowledge about sir's life experience, life lessons, and we all improved a lot. As classrooms are Ramesh sir's charging points we students also get boosting good interaction and appreciation makes a strong bond with teacher and student and by this online classes will be successful.

Thanks...

**ALEENA**  
STUDENT  
DDU-GKY SKILL DEVELOPMENT COURSE



### Skill Development Classes @ Warrier Foundation

The role of skill development classes is much appreciated in this modern era. However, many students and parents do not understand the value of these classes. I got the opportunity to enroll in these classes when I was seeking to do a Logistics course after completing my post-graduation. Usually, I attend the orientation classes online because of the current Covid pandemic. I believe it was very useful for me to have the opportunity to attend a specially designed handwriting class and personality development classes from there. It literally helped me to realize the benefits of improving my handwriting and helped me to work on it.

In addition, I believe that the personality development classes along with the handwriting classes have been beneficial to me. This is because, they have given me the knowledge of many things such as strengths and weaknesses, thinking, feelings, and attitude.

Thank you  
Regards,  
**Deepak**  
STUDENT—  
DDU-GKY SKILL  
DEVELOPMENT  
COURSE



JOSNA, STUDENT, DDU-GKY SKILL DEV. COURSE

Skill development online classes make students to learn more things in their own atmosphere. In any condition, online classes make students comfortable and they love to learn more. We all know that, nowadays, skill development classes haven't get a reach to students. And all of us want to realize that development in skill are more important than any other studies. Online classes in skill development make the classes very much active and students get a new experience in life. And I have experienced with my handwriting skill development class. When I changed my handwriting with these classes, it opens up a door to something new. The time I started learning the handwriting skills my way of thinking and talking were changed. I followed the rules in those practices make me as a new person and it increases my confidence and courage. When I spent more time to improve my handwriting skills gave me 100% result. And I'm very much satisfied with that.

### Handwriting & Self Improvement Online class



In fact, I came to this course without any idea. When I was told to do handwriting class, I first saw this course as fun. But the lessons from this course were great, bigger than what I was expected. As more and more classes were attended, the level of confidence increased and so did the change in handwriting. In fact, a lot has changed in me and started to give more value to time management.

I concentrated doing the things the same day itself. Wherever I went, I began to speak with confidence. Similarly, I became more and more interested in writing. Really this course enriched me in a big way. So, this course was magic to me and of course, this super magic will give you also an amazing personality...

Remarks...



Thank you dear sir.  
With regards...  
**Nafsa**





**Abhishek Pandey**  
Veda Teacher at  
Veda Vidya Gurukulam  
Warrier Foundation  
Panvel

## My Journey as a Teacher

Four years have gone by since I joined this wonderful and illustrious institution - **Veda Vidya Gurukulam Warrier Foundation**. My association with this temple of learning has grown in leaps and bounds with each passing year.

My journey from being a Veda teacher has been challenging and exciting with its fair shares of ups and downs. And yes my skills and performance has completely changed since I took up teaching. I always hold a good communication between students in my class.

I always taught the students with full dedication, I always tried to improve their skills and performance and always encouraged them so that they could make a better future

for themselves and set an example for their country and society. My teaching experience was very good but there were some moments where I got frustrated but I always got the support of respected Vishnu Guru ji, he taught me to fight every situation with the experience of his highest knowledge. I learned many things while teaching here - self-development, better presentation, better decision making ability, etc...

I am very impressed by respected Madhavan sir's personality, he has always taught me to take better decisions with calmness even in difficult moments. And Madhavan Sir's dedication towards Dhyana Yoga is amazing. Although I had learned a lot about meditation from my guru ji (Pt. Vedmurti Shri Anil Ghodekar) such as - 'Meditation' refers to many types of actions. It includes everything from simple techniques to calm the mind to the creation of inner energy or life-force and the development of qualities like compassion, love, patience, generosity, forgiveness, etc.

But practically I never did it, after coming here, the urge to meditate was awakened by the inspiration of Madhavan sir and through meditation I have actually felt a better change in myself. I will always be grateful to Madhavan sir who gave me this great opportunity.

It is a blessing to feel everything so very deeply. I 'felt' everything and that's exactly what my journey is all about.

Thanks with best wishes  
**Abhishek Pandey**

*I as a Veda Teacher can firmly affirm –*  
*To the DIFFICULT ones*  
*I'll be patient*  
*To the PAINED*  
*I'll be concerned*  
*To the IGNORED*  
*I'll be accepting*  
*To the INDIFFERENT*  
*I'll be caring*  
*To the INATTENTIVE*  
*I'll be interesting*  
*To the UNFEELING*  
*I'll be reflecting*  
*To the DISTRACTED*  
*I'll be focused*  
*To the subversive*  
*I'll be forgiving*

## Warrier Foundation Balamandir, Thirunavaya

# PERSPECTIVE

In 2012, I came to the Warrier Foundation Balamandiram. I was in 8th standard when I have joined the Balamandiram. My thought on a hostel life was a bit different and the hostel life I experienced there at Balamandiram changed my overall outlook and lifestyle. Along with my studies, I have also got the opportunity to acquire knowledge in other extracurricular subjects such as Dance, Song, Veda, and Meditation. We lived there as a family and Balamandiram was our home. I have got immense support from the Warrier Foundation and its philosophical roots guide me to frame a set of goals and aspirations that made me think of a way forward. After the 12th standard, I was able to complete my graduation in engineering as it was my long-term goal. I'm now a member of the Flyjac family. I am very happy with that. My heartfelt thanks to my dear *Ammamma* and all the colleagues of the Warrier Foundation who have always stood for me in my successes and failures. I will be an integral part of the Warrier Foundation throughout my life.



**Vijitha, B Tech** (Presently Vijitha is working with Flyjac Logistics at their Chennai office)

# A big thanks to 'Warrier Foundation'

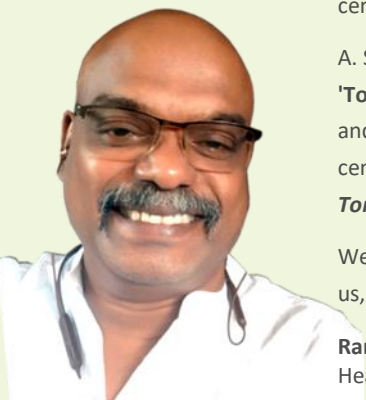


A big thank you to Warrier Foundation and Flyjac Logistics Pvt Ltd for coming forward and helping the people who were in need of food and clothes due to the flood disaster. But you all came as God's hand with lots of love and caring.

The village people has sent their love and blessings to not only all those who came and distributed food and clothes, but to those all who are working in the organization who helped to get all things organized and send it. The villagers have invited all in the organization to come and celebrate the Ganesh Festival and Mr. Dattatraya Salunke who works with Flyjac Logistics and there to distribute the relief materials went to celebrate with them and was honoured by the villagers. They praised the organization which made him proud to be associated with Warrier Foundation and Flyjac Logistics Pvt Ltd.



Social work is a work of heart. I am so happy to know that we still have people like you. The initiative you have taken for the flood victims is significant. Behind every successful organization, there are social workers like you. Only a life lived for other is a life worthwhile and you have proved it right. Your renowned organization will definitely reach its goal by helping people. ■



Warrier Foundation like a banyan tree is spreading its branches even during Covid pandemic period. A good example of this is the functioning of 'Universal Center for Individual Integration' as DDU-GKY WARRIER FOUNDATION SKILL DEVELOPMENT CENTER during this period. Even in the lockdown period of the Covid also, the activities at Thirunavaya, Mazhuvannoor, Anakkatty and Panvel centres continued unabated.

A. S. Madhavan, the visionary pioneer, lead us from the front, **'Today is the Day to work'**, and we continue to follow him with joy and enthusiasm as he continues to work on his lifestyle, reminiscent of N N Kakkad's poem **'Who Knows Who and What is there in Tomorrow'**.

Welcome dear friends to the Warrier Foundation Movement. Join us, let's change our country!

**Ramesh Vasu**  
Head - Public Relations