



nurture

dedicated to warrier foundation

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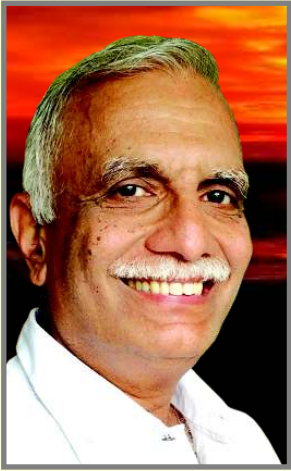
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by well wishers

& Students of

Warrier Foundation

Our vision to Nurture Nature, Child & Humanity



A S Madhavan
Managing Trustee
Warrier Foundation

Nurture

Nurturing is a higher state which one can aspire for. There should be lot of unconditional love, compassion, faith and trust within oneself. A seed has to dissolve itself with its own identity while nurturing and growing it as a tree. There are lot of parameters for a plant to grow as a tree. Mother earth has to give the way for the seed to come out as a tree from where it has been planted. Lot of integrity, strength and commitment is highly essential to nurture a seed to a tree. The nurture of the plant is also having lot of external factors like water, weather, wind, fertile land, so on, etc. Depends on the seed, the growth of plants also varies and there is time factor also.

Nurture is symbolic of sacrifice with unconditional love and devotion. In that process, there will be no relatedness of individual identity as a seed to become a plant. Lot of freedom and detachment from doership and ego is an essential part of nurture.

Warrier Foundation is a platform for an individual to explore their unique potential by nurturing children, nature and humanity.

When we are committed for nurturing, we will have lot of relatedness with the entire creation and will generate a feeling of VASUDAIVA KUDUMBAKAM - Universal Family. Nurture is a process which always reflects that change is only constant. Let us all give an oath to give our unconditional faith and support for nurturing underprivileged children, humanity, trees and other environmental requirements.

I am sure this magazine will give a glimpse of Warrier Foundations activities in coming days. We are also looking forward lot of sharing from your end. Hope our e-magazine NURTURE will be a beacon light when we are living in the ocean of ignorance. This magazine will have enough substance for contemplation. Subsequently let us put our immense effort to achieve our realisation which will lead for self realization - TATVAMASI.



Warrier Foundation - a Platform for all

Sreekumar



Warrier Foundation, as a charitable organization, provides platform for multifarious activities.

Though it is primarily aimed for the educational upliftment of under privileged children, it's

purview extends to all-round development of inmates. This includes physical, mental and spiritual planes. The limitations of formal education is very well taken care of.

Underprivileged children are looked after in Balamandirs, having given free education, food, shelter and healthcare. Now there are FOUR Balamandirs, three in Kerala and one in Mumbai.

Sreekumar started his career as lecturer in Economics in Mumbai. He became an enterpreneur, and subsequently worked with different organisations like Malayala Manorama, Flyjac etc. He is spiritually evolved and highly contented. Social activity is a platform for an individual to have a Let Go attitude and also from Doer-ship. His achievement in life is to attain higher state of being and an ability to work on a witnessing point. This allows to give enormous result in our action.

Balamandiram, Panvel



well wishers



Tirunavaya, a village with high tradition, in Malappuram district of Kerala, fosters two Balamandiramams – one for boys and one for Girls. Another one is at Ernakulam district. The fourth one is Panvel near Mumbai. The speciality of the one in Panvel is that it has a Vedic residential school. About 40 students are studying Vedas as per the syllabus prescribed by Ujjain University. They appear for the exams and get certificate from the University.

The Foundation is now looking after about 300



Thilakam is the backbone of Warrier Foundation Thirunavaya and beloved Ammomma of all children (Grand mother). She is the embodiment of love and compassion.



children in all these Balamandirams and aims to enhance it to ONE THOUSAND.

Warrier Foundation is also undertaking other philanthropic activities .They include eye check up camps, Blood donation drive, satsangs, vocational training camps, meditation and yoga classes.

Warrier Foundation has inaugurated a Universal Centre for Individual Integration in Thirunavaya on 30th August 2015. It has 30 rooms and a hall with an area of 6000 sqft. It envisages old age home for the needy - temporary and permanent staying facilities, a retreat centre, satsang and several such activities.



The latest expansion programme is an ADISANKARA UNIVERSAL CENTRE at Ernakulam district and yet another Balmandir at BELUR in Karnataka.

Dear readers, we will be giving interesting experiences and anecdotes of inmates of Balmandir which will highlight the achievements, transformation and change in life occurred to them thru our association.

Social service, dear friends, is the best means to change oneself-personality-wise and perspective-wise. You can also see the society thru' the mirror of philanthropy. This can be a platform for change for you and society.



Balamandirs - in retrospect

A V Ravikumar (Trustee, WF) - A Visionary



When I look back my life I realize how privileged and lucky I am. There could be many factors that have guided us and determined our path. The most important among these are questions like whom we were born to and who our parents are; what was the environment in

which we were born.

This is of course not in our hand, it is predetermined. It is an aspect that considerably influences our life. There are many children born to parents who cannot, or who won't support, to bring out the best in their children.

If we are able to provide these underprivileged children a platform where they are able to nurture their talents and grow to their fullest potential, with right values, it would be a great contribution we can make to their lives.

The Balamandirs, which are run by Warrier foundation, provides such a platform to the children living there. Providing education is not just about giving them literacy. It is much more. There are children in regular schools, who reach the 10th standard but cannot even write a sentence completely, without mistakes. In this context how we can evaluate education? At present government's policy is to pass all children upto 10th standard without evaluation.

Our Balamandirs offer home for many children from different cultures, life styles and age groups. Here, importance is given to develop them for a holistic living. As Madhettan says every individual has his or her own unique potential and we need to identify and provide opportunities to expand it. Here the focus is on developing the whole spectrum of body, mind and intellect.

Training is provided in Yoga and meditation which helped to lead a disciplined life. The individual's talents are identified in various fields like sports, literature and arts and we provide them individual training by way private tuition than normal schools. We encouraged them and also provided as many opportunities as possible to participate in different events. It is heartening and gives us a sense of pride to note that our children have represented at sports, even at the national level and have won prizes in various arts, representing their schools at different levels.

They also learn to be good human beings, to live together in a diversified group, which is an important aspect specially in the current context.

Thilakam, lovingly called AMMOOMMA, (GRAND MOM) by everyone, who lives with the children in the Thirunavaya Balamandir, has played a key role in creating a great atmosphere of love, care and trust.

Donating money for such activities is the easiest thing. To be a part of their growth, by spending some time with them, sharing our love and concern and support in whatever way we can, will give much more contentment. This also will enable the children to become a good citizen. ■



Seeking for the absolute Truth

Balasubranian K S



First and most important aspect we need to consider and concentrate is to extend all possible help and support to the economically and physically weak section of the community along with planning and executing our own goals for self

reliance. Only after we acquire strength and become self reliant the possibility of making some difference to others become effective. We also need to envelope the whole of creation and not just restrict our self to the humans. At best this ought to be our attitude and general outlook. Warrier Foundation with its noble objectives of providing shelter and education has identified

Mr. Balasubramanian is one of the most humble humanitarian involved in many social activities and guiding force of organisations like Modern English School, Janakalyan Seva Ashram, Kanakathara Trust and many more. There is a proverb that 'Left hand should not know while Right hand is doing charity'. The more we are related to him, there are more mysteries and surprises. He is now closely associated with Warrier Foundation and having discussion with some of his trustees to see the possibilities of developing Adi Shankara Universal Centre at Ernakulam under the banner of Warrier Foundation.

Proposed Adi Shankara Universal Centre at Ernakulam



the perfect method and process for achieving this desired goal. I feel the children ought to be made aware of their responsibility towards other sections in this world in the light of ecological protection and the behaviour of man related to animals. In this connection I give below the gist of a speech read some time ago.

“Man is the noblest of animals, the final product of untold ages of progressive evolution. But he is not consciously striving to live up to his heritage. The beasts held a World Conference, to confabulate on the authenticity of man's claim to be the acme of creation and the monarch of all that walks on earth. The Lion presided over the deliberations. The tiger questioned the claims of man; the leopard seconded the resolution protesting emphatically. It condemned man and made a devastating speech. “He is a standing disgrace to animals everywhere. He manufactures and drinks merrily fatal poisons and is proud of his utter foolishness. He cheats his own kind and spends all the energies and resources in devising diabolic weapons to wipe out his sisters and brothers; he prods horses and dogs to run in desperate haste and gambles his earnings away, while they gallop along the

track; he is cruel, greedy, immoral, insatiable, and unashamed. He sets a bad example to the animal world. Though endowed with superior emotions and intelligence his behaviour is disgusting and demeaning. We do not know when and where we will get our next meal; we have no specific fixed sure place to rest. We have nothing to wrap around ourselves except our bare skin. But yet the least of us is a far worthier child of God than this monster called man.” He concluded. The topic is very vast and can ignite the imagination to a great extent and I look forward to the participation of the readers especially the children to expand on the feedback of say a Fox, Cow, Donkey and so on.

The whole purpose of this human birth is to be aware of the absolute Truth that he is a spark of the Divine and till he realises his own divinity and can identify with the rest of creation as nothing other than his self he will be utterly sad and grief stricken and miserable. The initiative that created the Warrier Foundation is the realisation of this fundamental awareness pervading the universe grasped by a few and being probed by many.

Work in progress



Social Service - Transformation within

Ramesh Vasu



'Do something to the society' - from childhood I was enjoying the thought of social activities and generous in action. Enrolling and empowering with others will give immense happiness within.

While I was in Mumbai, we formed a group of people from our society and named as '10 brothers'. It was an amazing space of brotherhood and as a 'one family' we do go for picnics, having joint celebrations of all festivals, wedding anniversaries, periodical satsangs and even have group investments and supporting each other. These sort of oneness as a family within our own society helped me to evolve to have thought process of '*Vasudeva Kudumbakam*' - Universal Family.

This helped me even to join different forums

Ramesh Vasu - Life is for experience and experiments. Very few people find time to find the stillness in the mind which is divine. A fast mind is sick will not allow to contemplate. Acquiring knowledge will not lead us anywhere, but transformation takes place when we contemplate. His dynamism, commitment, dedication and self belief is highly commendable. A transformation within helped him to take a higher state due to social and spiritual commitments. He is an example to excel on these fields within a short span.

Proposed Balamandir, Belur



including Malayali Businessmen Welfare Association, Giants International, Warrier Foundation and many other organizations to enhance my social activities.

I started the relationship with an organisation known as FLYJAC who are having a very high philosophy and also committed for social work in 2000 with designing and printing of their periodical Books. I also supported in editing and printing of autobiography of A S Madhavan, Chairman - Emiratus, FLYJAC - named "Retrospection - Enlightening Experiences". FLYJAC's philosophies were "Customer Delight, Self Development, Social Welfare" attracted me from the beginning itself.

Madhavan sir's humbleness and the practice he was adopting in social and spiritual level was a guiding force not only for his employees, family and even whoever being associated like me. Project planning, visualization all were being happening after doing meditation and making our mind still and divine. Hence the intuition what I was getting and the strength within oneself was beyond imagination. I was feeling more and more energy while working with him.



Belur Farms

Warrier Foundation gave me more responsibilities and also an opportunity to get related more like minding people in social and spiritual level.

I am envisaging with the support of like minded people also in the guidance and support of Madhavan sir, planning to have a Balamandir and Vedic Village in Belur, Karnataka. We have an offer by philanthropist to give us a land adjacent to our joint friend's farm land of coconut trees & dairy farm. We are planning a visit within a week to see the new possibilities of a new centre of Warrier Foundation.



Belur Farms

Nithya - She performs dance and represented school in district level and also excellent in yoga and participated in different competitions. She had been selected by an institute based in UK for 1 year intensive Hotel Management Course. Once the course is completed the job is guaranteed and also there are possibilities for getting a job in UK since the institution has their own chains of hotels in UK. Her sister also was studying at our Balamandir and at present working in an Ayurvedic Hospital at Madhurai and also got married and settled. We are proud of them to come up in their life and become self sufficient to meet the challenges in their life. Many of the children have lot of stories to tell about their horrifying family backgrounds and surroundings and how they were able to escape and come up in their life.



സ്വപ്നം

സങ്കടപ്പെട്ടിരിക്കുമ്പോൾ ഒരു കൈ പിടിത്താങ്ങുമായി തളർച്ചയിൽ ഒരു ഉന്മേഷം നൽകി വന്നൊരാൾ കുട്ടികൾ ചിലപ്പോൾ പുറകിൽ നിന്ന് അവർ ഇന്നലെ കളുമായി വരുന്നു എന്തോ ! ഇന്നിനെക്കുറിച്ച് മാത്രം അവർ ഇതുവരെ ഒന്നും പറഞ്ഞുകേട്ടില്ല ! സ്വപ്നങ്ങളുടെ തേരിലേറി പറക്കാൻ വെമ്പുന്ന ഒരു പറ്റം സുപ്തതകൾക്കിടയിൽ മനസ്സുതുറക്കുകയാണവർ നാളുകളേറെ കഴിഞ്ഞ് വെറുതെ ആ മനസ്സിനൊൽപ്പം ദൂരെ പറന്നാൽ ഒന്നോർത്തുപോകും 'ഒരു പക്ഷേ' ഇതെല്ലാ സ്വപ്നമാണോ ?

- നിത്യ കെ. സ്പ.

Subhisha U K

Subhisha who is studying for last year BA in malayalam have lot of talents. She had been received lot of recognition and participated in state level for sports while studying in school and college. She had been selected as the captain of NCC cadre who represented Kerala and Andaman Nichobar and also received the gold medal as best Cadet of the year. She wanted to join in Army and will become a reality. She also contributed a poem for the magazine.



എന്റെ ചേച്ചിമാർ

കുരിശുട്ടിന്റെ ജീവിതയാമത്തിൽ എൻ ഹൃദയ കവാടത്തിൽ സ്നേഹത്തിൻ പ്രകാശം നേർന്ന എന്റെ ചേച്ചിമാർ എൻ ജീവിത യാത്രയിൽ നീളട്ട അവരുടെ സ്നേഹ വാത്സല്യം സ്നേഹപുവിരിയും ജന്മജന്മാന്തരത്തിൽ പിരിയാത്ത കുട്ടുകാർ ഞങ്ങൾ മനസ്സിന്റെ മണിച്ചെപ്പിൽ സ്നേഹത്തിൻ വിത്തുകൾ പാകുമ്പോഴും, നഷ്ട സ്വപ്നത്തിന്റെ വിരഹാവേദന ഞാൻ ഇന്നുമോർക്കുന്നു !! ആ ദിനം ഇനിയത്രെ നാൾ ? സുഭിഷ യു. കെ.

വേർപാട്

തിന്നെ കുറിച്ചു നാനോർക്കുന്ന മാത്രയിൽ എൻമനം തേങ്ങുന്നു ആർത്തിവെച്ചു തിൻമുഖം ഞാനെന്നുമോർക്കുന്ന മാത്രയിൽ എൻ മനമുരുകുന്നു തിന്നെ കാണുകയാൽ വിജനമായ് തിൻകുന്ന മരുഭൂമിലേതിലോ മഴയെ കൊതിക്കുന്ന വേഴാവലിനെപ്പോലെ തിന്നെ ഞാൻ തേടുന്നു... തേങ്ങി കരയുന്നു... തിൻ സ്വരം കേൾക്കുവാൻ കാതോർത്തിരിക്കുന്നു.

എത്തിവേണ്ടിയിനാർക്കുവേണ്ടി ദൈവം നമ്മെകറ്റി കളഞ്ഞിതു ക്രൂരമായ് എനിലെ ശ്വസനം തിന്നെപ്പിരിഞ്ഞതി- ക്കുണ്ടോ ഈ ഭൂമിയിൽ ജീവിതം ജീവനേ...

ഓർക്കുന്നു ഞാനിന്നും എന്തുമെന്നും തിന്നെ എനിലെ വസന്തമായ് ശ്രീഷ്മമായ് ശരത്കാലമായ്

- സൗമ്യ ഇ.എം.

Saranya, who has written the poem studied in Balamandir and completed MA and also B.Ed. She will be getting married shortly with Mr. Sumesh who was also studying in Balamandir for MA. This is an arranged marriage decided by the family. We are proud of them considering their integrity and commitment to excel. They will become a role model family.



Vrinda - She completed B Com and was working in an Ayurvedic Dispensary

and also was assisting Balamandiram staying with us. At present she got a better job.

മന്ദസ്മിതം

എന്തുമെന്നുള്ളിലെ ദുഃഖം മായ്ക്കുവാൻ എൻ വിഷാദങ്ങളെ മാടി ഒതുക്കുവാൻ എനിലെ എന്തോട് ചേർന്നു നിന്നിടുന്ന മന്ദസ്മിതമേ... നിനക്കു വേണ്ടി നി വരില്ലെങ്കിലി ഞാൻ വെറുമൊരു മുകുസഞ്ചാരിണിയായിരിക്കും

നി കൂടെയില്ലെങ്കിൽ ഈ ഞാൻ വെറുമൊരു പാഴ്ക്കിനാവിൽ കണ്ട തേങ്ങൽപോലെ ചുട്ടു നിറുത്തൊരാ വെയിലിന് കുള്ളിരേകാൻ

ആർത്തുലച്ചെത്തുന്ന മഴപോലെ നി മന്ദസ്മിതമേ... നി അറിയുന്നുവോ ? നീയെന്റെയുള്ളിലെ ജീവനാണ്... മന്ദസ്മിതമേ നിനക്കു നന്ദി... നന്ദി... നന്ദി...

- വ്യസ

Remembrance of Dubai Visit

AS Madhavan

Warrier Foundation is also well-known in UAE. Mr. Ramesh Vasu and Ramesh Iyer were instrumental for meeting more than 300 families during their visit and highlight the activities of Warrier Foundation. It was an memorable event for them in Dubai. Ramesh Vasu and Iyer were able to give 12 to 15 hours for classes for small group of 6 to 10 students of each batches to improve their hand writing under banner of AKSHARA.

Even though I visited only for two days, we had an evening get together in a Hotel in Sharjah. More than 120 people participated in it. That was also an occasion to release my book TIRINJUNOTTAM in MALAYALAM and RETROSPECTION in English in the auspicious

presence of a renowned and spiritually evolved person Dr. Raman and Adv. Rahim, a prominent social activist in Education. Generally, we found that families in Dubai are concerned about their motherland and highly committed to social activities.

During the session, after the showing a movie on Warrier Foundation shared their experience and relatedness to Warrier Foundation. In that process one is really thankful that Warrier Foundation is graced to give cultural and philosophical values to the children of BalMandir.

Rekha, a cousin of mine, came forward and shared the feeling of her son who is hardly 12 years old. When he came for a vacation he





happened to visit Balmandir, Ernakulam, and enjoyed being with kids. Next day was his birthday and he insisted to go to them and play with them. Since he was a fan of football, his parents gave him an expensive football as a birthday gift. He played with Balmandir Students and while going back, the children gave the football after washing and cleaning. Even though the boy insisted to gift the football to children of BalMandir, they refused politely because it was a birthday gift. I really wonder how our children developed an attitude of detachment at that age. I remember my grandson and other kids always

holding their gifts-even not sharing with others. In case someone picks up the gift they cry aloud till they get back. Children of Balmandir are blessed with, high values and freedom from getting attached. ■



Warrier Samajam Sharjah's sports events

Warrier Samajam Sharjah also invited us to attend their annual day sports competition in a Sports Club.

It was really amazing to see the large number of participants and total involvement in different sports including Badminton, Running and many other varieties. We addressed them and highlighted the activities involved by Warrier Foundation which was really appreciated. Photographs of some of the events



How Warrier Foundation inspired me!

Soundara Rajan N.S



I moved to Mumbai from Mysore a year ago. Back in Mysore, with Prof Ramanarasimha, an academic, and Mr S.R Anujan, retired GM of Brakes India, I was quite active facilitating enhancement of conversational English skills.

We taught, nay guided, students and others at various institutions including MBA colleges, Technical Institutions, Corporates, and Bank staff training colleges. But, after I moved to Mumbai, for almost a year, was just twiddling my thumbs, doing nothing! It was very frustrating not being busy.

Luckily, I came across an article about Warrier Foundation in DNA. I read it, got excited and wrote to Mr Madhavan. He invited me over for a pow wow. I was really happy to learn a lot more about his endeavours. He also took me to Balamandiram at Panvel and the senior citizens home nearby. I was very impressed with the passion with which Mr Madhavan and his team serve the needy and their vision to touch the lives of many more. I was totally sold and told Mr Madhavan that I'll commit myself to contribute my mite. I shared with my friends at Mysore the peerless service extended by Warrier Foundation to the downtrodden. I urged

them to visit project in Thirunavaya, in Kerala, which they did recently. They, met Mr Madhavan over there, and like me, are very impressed. They now plan to conduct regular workshops on English conversational skills over there. The first two of their workshops would be in May and July, this year. As for me, I want to start off by helping students of Balamandiram at Panvel, to enhance their English skills. I'll move in there and be with them for 3 or 4 days, in the second week of March.

Exciting times, back again! Thanks to Warrier Foundation.

Soudara Rajan and his friends are not considering their age as a bar whether it is 70 or 75. They travel around different places and identify under privileged children to enhance their English conversational skills. Coming out from very high position now they are working without any rewards. Even Infosys has given them hundreds of computers to uplift the children. Now they are committed and focussed for Warrier Foundation and we are blessed...

A fast mind is sick, will not allow to contemplate

An opportunity to serve...

Prakash Padikkal



Warrier Foundation is one of the pioneer organisation which really make a change the lives of underprivileged children. Their focus area is child welfare. Mr. Madhavan Warrier is a spiritually evolved person and his

involvement and commitment towards the noble cause of running the Balmandirs in different locations in the country is really admirable. I had opportunity to closely interact with this noble soul, who believe in the principle of "Vasudeva Kudumbakam". A man who started humble beginning in his carrier had phenomenal growth professionally and ploughed back the earnings for the noble purpose of building a young and vibrant Nation by imbibing the rich cultural and moral values in the children who are groomed in the Balmandirs. His family is fully supporting him in this endower. What I really appreciate about Mandavanji is his involvement in the running of these institutions. I had witnessed his involvement with the kids at Panvel Balmandir. He transform as a child and sing, dance and play with the inmates out there, which shows how much loving and caring he is. The projects are executed under his personal supervision which is of class.

Another great quality of this person is that he had not gone to anyone for support, before establishing the institution. There may be many such institutions run by many such virtues people, but in many cases personnel involvement may not be there but in the case of WF one can observe the involvement of

Prakash Padikkal is a man of action and being a President of HIRWA (NGO), he was a blessing in disguise to get necessary permission from Supreme Court to 100s Co-operative Housing Societies to be free from Forest Land hassle. He is associated with Warrier Foundation from the beginning and once even he had a thought process of taking total administration and financial aspects for educating the Balamandir children. His guidance and large contacts will make WF dreams and his dreams a reality.

Madhavanji everywhere. Along with school education the inmates are given vocational training in trades so that when they grow up and face the world they have the skills to earn their livelihood. For the spiritual growth children are given lessons in "Vedas" by the trained teachers. This will help in forming the character of the child at appropriate age. WF's state of art complex at Thirnavaya in Kerala, is a venture which is managed very well by the Foundation.

Madhavanji has created a fantastic opportunity for those who want to contribute for a noble cause. This kind of committed, transparent and clean management assures that the donations made are used for the right cause. WF's vision of educating 1000 children in this year is a noble one and my request to the readers is to sponsor children's education and earn merits.

Wishing WF all success in its future endowers and extend my unconditional support for it.

President, HIRWA (NGO)

Warrier Foundation: A unique organization

V.N. Gopalakrishnan



Warrier Foundation is a non-profit charitable organisation registered in Mumbai in 1999 and founded by Shri. A.S. Madhavan, a philanthropist and businessman. The Foundation seeks to build

a sustainable community through various humanitarian activities. It strives to help the under privileged and needy for their meaningful life. Its mission is to empower individuals and provide an ecosystem to discover and realize their full potential in physical, mental, professional, social, family and spiritual dimensions. This is being achieved through education, healthcare, social and spiritual activities. The Foundation works with multiple communities and its mission is to create a way of life for individuals, discovering their potential in all dimensions thereby identifying their purpose in life. The Foundation has extended its activities to Kerala as well since 2007.

Besides being a philanthropist and humanitarian, Shi. Madhavan is a successful businessman as well. He is the Chairman-Emeritus of Flyjac Logistics-Hitachi Transport Group, Founder Director of JWC Logistics Pvt. Ltd, JWR Logistics Park Pvt. Ltd, JWL Cold Store Pvt.Ltd, Imagna Analytics Pvt.Ltd. He has also rendered social service activities by actively associating with Janakalyan Sevashram, Giants International, Warrier Samajam (Mumbai unit), World Warrier Association and many community-based organizations. He is also the Chairman of

Mr. V.N. Gopalakrishnan is a renowned journalist and also a social activist. His ability to go deep into any subject is highly commendable. Having written enormous articles and also having deep rooted studies, his observation and comments are high valuable. WF always appreciates his contribution to the society.

Bharatiya Vidya Bhavan School at Thirunavaya, Kerala which is providing education to over 1,000 students. He is the Director of Janakalyan Sevashram which has old age homes at 12 centres taking care of more than 300 inmates.

Shri. Madhavan has been an ardent spiritual seeker from childhood. He did three-year Geeta Gyana Course from Chinmaya Mission and has been trained in Mantra Yoga by Swami Sukhabodananda. He has also been initiated by an Enlightened Master from the UK over three decades back. Quite often, he retreats into meditation for self-awareness and ultimate freedom for 7-10 days. He has realised that only from silence through meditation one can get the right intuition. This has helped him to achieve his vision and goals in family, professional, social and spiritual activities

Shri. Madhavan has a spiritual bent of mind and has immense faith in its success. The characteristic trait has been inducted into the organizations he is associated with. These

Contd...

Education is for transformation...

Upendra Menon



The activities of Warrier foundation is to be appreciated in the sense that it helps many less fortunate brothers of our society by providing shelter, food and education. They transform their lives from aimless chaos to disciplined

education to be responsible citizens of the society. Their stress for a better and complete education is worth noticing. Education does not stop with chemistry, biology etc subjects, if we educate our youth in value based areas like epics, Vedas, Geeta as well as Quran and Bible we will provide complete education appealing to head and heart. Sports and personality development is also to be added.

Warrier foundation is in the right direction and set to take off to boost India's complete transformation to bring development for one and

Upendra Menon is go getter. Whether he is being associated with NGOs like Giants, Temples or any other activities, he is always in the leading front. He is associated with Warrier Foundation from its inception and he is also supporting adopting children's education at Balamandir. He is a visionary and have a commitment that he will be an integral part for developing our new centre Adi Sankara Universal Centre at Ernakulam, Kerala.

all. Education can be considered in two ways. One for acquiring knowledge and the second is for the contemplation and subsequently for transformation. ■

Contd...

Warrier Foundation: A unique organization

unique qualities have endeared him among his staff members, partners former employees, friends and well-wishers.

Warrier Foundation has a Balamandiram in Tirunavaya, Kerala which was inaugurated by Pujya Swamy Bhoomananda Tirta Maharaj of Narayanashrama Tapovanam, Trichur on December 10, 2010. The Balamandiram has been conceived and established as a temple for under privileged children for their shelter, education, health care and development.

A new project under the name "Universal Centre

for Individual Integration" was inaugurated at Thirunavaya in Kerala on August 30 last year. The Foundation has a hostel in New Panvel accommodating over 200 boys and girls. The aim of the hostel is to ensure that under privileged children receive their basic rights to survival, protection, education, healthcare and a happy childhood. The activities of Warrier Foundation are noble and he deserves recognition nationally. ■

(The author is a Freelance Journalist and Social Activist. He can be contacted on telegulf@gmail.com)

Satsang & Interactive Sessions

We do have periodical interactive sessions by different fields of people including on Yoga, Meditations, Geetha Gnjana Yagna, Bhajans, Healthcare, Traffic rules, Counseling, Philosophy, Discourses and so on...

Swamy Udit Chaitanya have visited in few occasions and even conducted Geetha Gnjana Yagna for the students as well as public were we had more than 300 peoples present.



Swamy Udit Chaitanya with our children



Takaswamy from Aurangabad (Ellora) with Managing Trustee of WF

A Bhajan group from Palaghat



International Spiritual Convention at UCII

Warrier Foundation's Universal Centre Individual Integration conducted the first International Global Spiritual Convention for five days commencing from Jan. 5, 2016. We had delegates from all over India and also from UK, Brazil, Switzerland, Portugal, Mexico, etc. The topic varies from related to health, spiritual dimensions on scientific aspects followed with Yoga, Meditations, etc. The foreign delegates really appreciated discipline and integrity of our children and planning to continue these sort of Global Convention on every year.

Universal Centre for Individual Integration is situated at Thirunavaya, Malappuram District at Kerala on the bank of Bharatapuzha. It is a beautiful village with lot of calmness and

serenity. This will be a place everybody will like to spend their week ends or even there is an invitation for the people to come and stay with us for a holistic living. They can also support the under privileged children to whom we are giving free education, shelter and healthcare. ■



Some of the foreign delegates along with other delegates of Global convention near Bharatapuzha (river)



Meditation Sessions at Balamandirs

An inner journey is highly essential to realize our true self which is always 'Sachithananda' (everlasting blissful state). We have been contaminated by our mind which camouflage our real state and giving lot of agitation, anger, frustration, depression, happiness, excitement and so on...

Our inner being is always bliss and effulgent like a bright sun. Due to clouds and rotation of earth and by our ignorance we always feel at times the sun is bright or not even seen. Meditation is the only way to realize our ultimate truth, the real self. Our Veda

students normally get up at 4 am and even other students also join in Yoga and Meditation as a regular curriculum. Our Balamandir is giving lot of emphasize in Meditation.

There are occasions specially on week-ends even some of our students, teachers, do sit long Meditations for 2 - 3 days even at times 6 hours. The harmony and happiness and the feeling of Oneness has to come from within. Our education really wanted to give lot of emphasize on these aspects. Some of the photographs of Meditation and also Yoga will give you glimpse of our activities...



Universal Centre for Individual Integration

Dr. Shashidharan Kutty



Each of us is just a dot in this infinite cosmos – tucked away in an insignificant planet locked in a galaxy that is just one among billions. And yet, there is none like you or me in this universe. This reflection, both on our insignificance and our

uniqueness, is perhaps the first step in a journey towards realizing who we really are. The purpose of the Centre is to facilitate this realization of our uniqueness.

Universal Centre for Individual Integration was

Dr. Shashi Kutty is a profession in Management College and also a consultant for many corporate companies. He is a visionary and a philosopher and have lot of ideas and concepts of scientific and spiritual evolutions required for holistic living.

formally inaugurated at Thirunavaya, in Malapuram district, Kerala on 31st August 2015. The brick and concrete form of the centre is an imposing four storey building with enough rooms to accommodate about hundred people, and a



Universal Centre
for
Individual Integration



large hall which can be used for various kinds of programmes for mass audiences. The facility is intended to be multipurpose and can serve as a residence for some, who are willing to stay on and be a part of the centre's activities, and also as a learning centre and a retreat for those who seek to rejuvenate their body, mind, intellect and spirit. Other possibilities at the centre include Satsangs and Cultural conclaves and workshops and learning laboratory sessions for corporate and other business executives, vocational programmes for students and youth and activities / programmes for children. These programmes would all include a daily regimen that has Yoga and Meditation and other contemplative activities. Expert faculty would be available to guide the participants in their external as well as internal journey.

Beyond the brick and concrete lies a concept – one which calls out to each one of us to draw on multiple strands of human wisdom [East and west] in order to rediscover and integrate our being - our external and internal self. Actualizing this concept does not require any brick and cement structure or even a large amount of funding. Wherever people

enter into genuine communion with one another – from a space of reverence and love for one another, with a keen desire to search for the truth, a readiness to apply scientific reasoning and discrimination [one's Vivekam], along with deep understanding and concern for others - the Centre will exist. In our present information era, the whole world is our playing field.

My invitation to all our readers is to seek out and discover this centre within you. It calls for recognizing

and shedding an enormous amount of mental baggage that we each carry. This can happen when we each, engage in a continuous search for meaning and purpose



in what we do, when we are each ready for intense self-questioning. The more we get liberated from an obsession with ourselves and wanting to be a somebody and just focus on doing our little bit, the more we can rest assured that existence will do the rest. Many centres can thrive all around us while we can surrender within ourselves. ■

Association with Aksharam Charitabal Foundation

'Aksharam' is a charitable trust organizing lot of workshops for the benefit of underprivileged children for improving their handwriting and being closely associated with Warrier Foundation. We have organized one workshop for the teachers at the new Universal Centre for Individual Integration of Warrier Foundation at Thirunavaya for 3 days, which was well attended under the guidance of Mr. Ramesh Iyer and Mr. Ashraf Rangatoor. It is highly important to have perfection in hand writing, which also will give lot of changes in the attitude.

Once we know the basic concept, technology and teaching method there can be lot of transformation for the children from the childhood itself. There is a proverb that "whatever studied in the childhood will be with us till our death".

One of the events happened at the Balamandiram was narrated by Mr. Ramesh Iyer. Mr. Kuttykrishna Warriar along with his wife Mrs. Thilakam Warriar was managing the Balamandiram by taking care of administration and education aspects. One day, late in the night, while the handwriting camp was going on, Mr. Kuttykrishna Warriar felt giddiness and admitted in the hospital. He passed away on the same night. When Mr. Ramesh came next day early morning to console Mrs. Thilakam Warriar, she was already in control of the situation and



Ramesh Vasu & Ramesh Iyer
(Trustees, Aksharam Charitable Foundation)

was magnanimous enough to accept the death of her beloved husband. She was also concerned about the training camp and requested Mr. Ramesh to continue the camp since children's education should not get disturbed. An individual have to achieve enough ability to accept the situation as it is. These are the classical examples and experiences one can observe at our Balamandiram. Hats off to the family for their magnanimous contribution, commitment and surrender for the education of the underprivileged.

Warrier Foundation is a place where there are enormous camps, satsang, etc are happening and interaction with divine people really helped the children to transform themselves. ■



Aksharam Classes

Helping hands...

Abhijit Maulick



It is my privilege and blessings that I am been associated with M/s. FLYJAC LOGISTICS PVT LTD., since 2006 under the guidance of A S Madhavan Saab.

In this tenure of my working I came to know that Madhavan Saab is also the Managing Trustee of M/s.Warrier Foundation.

I had the opportunity to visit Balamandir at Panvel several time and was so much pleased and happy after spending time with the small kids every time when I have been there. The kids are so much talented in all the aspect what they are been taught like Vedas, Yoga's, Meditation etc.,

I came to know that Madhavan Saab is taking care of 300 kids providing them shelter, education and healthcare. The mission is to provide holistic living for individuals which will enable them to discover their immense potential in all dimensions like physical, mental, social and spiritual level. Saab is having a mission to reach for 1000 Kids in the coming future.

Warrier Foundation's purpose to help the under privileged and needy to face the world and live their life meaningfully. In this

Mr. Abhijit joined in the company as an executive and worked in different departments of Flyjac Logistics. His commitment and dedication highly commendable which helped him to have direct customer relatedness joining in marketing department. He is a silent and dedicated employee.

endeavor it works in close association with like-minded people and organizations. WF is a charitable organization registered in the year 1999 at Mumbai and has extended its activities to Kerala in the year 2007.

In the year 2013 when my beloved mother was hospitalised due to heart attack and was continuously under treatment, I had been under tremendous stress and worry in regards to financial requirement for the hospital expenses, as there were very little scope for the funds which was arrange from relative and friends at that moment I had been blessed by Madhavan Saab who helped me financially. That moment was a very memorable moment in my life which I will never forget. I am very much grateful to Madhavan Saab for his gesture and shall remain...

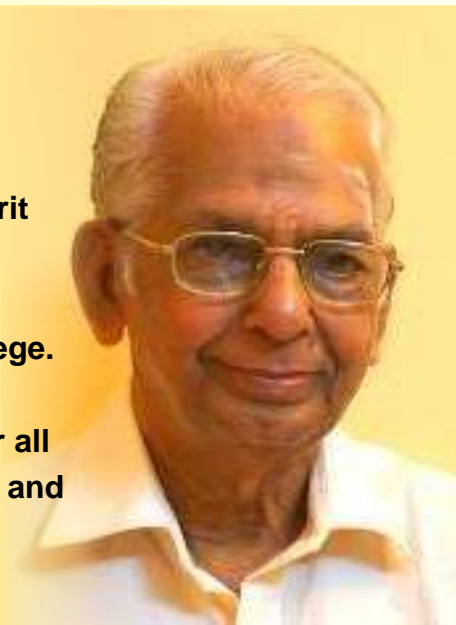
*" I studies matter for 35 years only to find that it does not exist -
Exactly what Adi Sankara said long back from the Upanishad's
"All that you see, does not exists"*

Association with Mata Amritanandamayi

The children of Balamandiram of Warrier Foundation, Kerala are closely associated with Mata Amritanandamayi Ashram at Thavanoor in Kerala. The Swamini, who is incharge of the Ashram is totally dedicated her life for the social cause. She do visit our Balamandiram frequently along with a group of musicians and conduct wonderful Bhajans and Satsang along with our children. In recent visit, when she was giving an inspirational talk she was mentioning how each and every children of our Balamandiram are concerned about the guests. “Adithi Devo Bhava” and realizing Godliness within everyone is highly important in our life. She had observed that our children had an inner urge to talk to the guests and even before they ask for water it had been served.



**Kuttikrishna
Warrier**
was the Sanskrit
professor of
Kottakkal
Ayurveda College.
He was the
grandfather for all
children of WF and
also was a
counselor and
teacher. He
dedicated himself for the children and
left his abode. In his memory now we have
made Krishnakripa Auditorium at
Thirunavaya.



They are always concerned about others and very humble and humorous. She was telling that the new students also should follow the same path and culture. It is highly important that students should have the awareness of these values and have to built up the culture. This will happen only when we can educate the children with these values from childhood itself. Then it will be imbibed and reflected by themselves.

Our children are blessed and being invited by many organisations including Mata Amritanandamayi Ashram and also organisers of temple festivals etc to serve and perform cultural programmes. They normally send their bus to pick up the children for 2-3 days camp and bring them back. They are always shining stars in whatever performance they are Let us nurture the children with lot of values and experiences to become shining stars. ■

A commitment to support...

Harikumar Menon



I am very glad to know that Warrier Foundation is releasing an e - magazine about their activities and future visions. I have been fortunate to be associated with Warrier Foundation for the last almost one year.

Shri A S Madhavan,

Managing Trustee of Warrier Foundation, besides being a successful businessman, is a well known philanthropist and humanitarian.

I am aware of the functioning of two "Balamandirams", one at Panvel in Maharashtra and the other one at Thirunavaya in Kerala. The importance given by these Balamandirams to help the underprivileged students to develop their personality fully and to help them to lead their life meaningfully should be appreciated by one and all. Destitute children being provided with food, shelter and education through Vedic methods, perhaps is the most commendable thing Warrier Foundation is doing today.

I pledge my full support to Warrier Foundation for all its future activities and would be more than happy to be a part of the Warrier foundation family.

I wish Warrier Foundation all the very best in all its future endeavours. ■

Mr. Harikumar Menon, Managing Director of Mesh Tech Engineering Pvt Ltd. He is highly committed and dedicated to social activities. He along with Mr. Premkumar organized certain programmes with a commitment of contributing part of the profit given for Warrier Foundation. While Warrier Foundation will becoming a movement for educating 1000s of children, the young generation of visionaries will be in the forefront to make it happen.

World Confederation Of Warriors

World Confederation of Warrier's was formulated by the vision of Mr. T. V. Ramachandran, President who wanted to unite large number of people on international level for doing social cause. It was tremendous success and they are involved in lot of social projects with the support of likeminded organisations like Rashstriya Chemical & Fertilizers and HUL etc. It is amazing to see that they had done more than a dozen projects at various places in India like Mumbai, Kerala etc. One of the project was general medical

check up camp from which more than 12,000 people got benefited. The basic observation about WCW is that there are lot of unity and magnanimous support even from women while taking up larger projects.

In association with HUL they had distributed lot of ice cream to many schools and also to Warrier Foundation at Panvel. It is highly important to enroll and empower likeminded organisations and individuals for social cause. WCW is really a model for it. ■



Spiritual knowledge is absolute...



Helping others physically by removing their physical needs and also depends on their need is always great but it is momentary. Spiritual knowledge is the only thing that can destroy our miseries for ever.

Our dearest Madhavettan is an example of applying this philosophy into real life. He gives the highest charity of spiritual upliftment in the society. To enable that it is important to have meditation camps and satsangs, after fulfilling the basic

Shyamala Mohan is always a seeker in spirituality. She also become an instrument by divinity to enroll and empower more and more people to do meditation - an inner journey to realise our true self 'Aham Brahmasmi'

needs of shelter, food and education. Today's children are tomorrow's citizen of the country.

The platform which Madhavettan has created through 'Warrier foundation' is the best way to give back to our society. What you seed will allow you to reap. ■

A success story - Due to meditation

In Thirunavaya, Balamandir had a child, who joined us when she was in 5th standard. She was very good in sports and represented even at district and state levels. This enabled her to get an admission in one of the revered and reputed colleges run by Missionaries in Trichur. It was thru' sports quota that she got her admission.

The father of the machinery who was also the principal really discouraged her from joining the college because most of the students from the institution came from affluent family and selection criteria were very high. All students were English medium and they would have to join private tuition to maintain their standard. They were afraid that she would not cop-up because she had limited marks for SSC and also from Malayalam medium. It would have affected result since the college was looking for A+ marks.

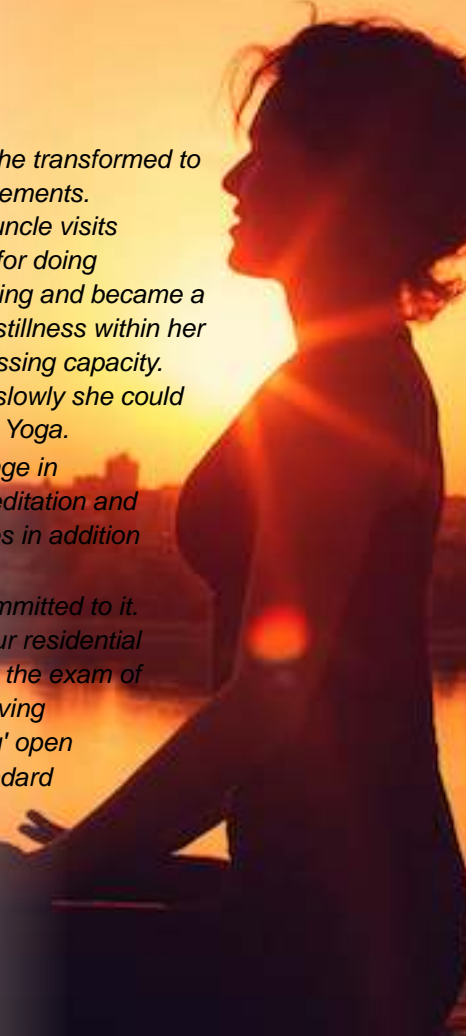
But she was insistent. She pursued her studies and sports with commitment and Integrity. She got second rank and also brought lot of prestigious awards to the college at state level competition. She was humble in spite of all these and co-operative and supportive to all the children.

The Father of the college invited her parents. He appreciated them and also wanted to know how they were able to upbring the child with such high values. They replied that the child was with Balamandir of Warrier Foundation for the last 6 years. My sister, Thilakam Chechi, who is taking care of Balamandir was surprised.

She also wanted to know how she transformed to achieve this high level of achievements. She told that "while Madhavan uncle visits Balamandir, he always insisted for doing meditation. Then she started doing and became a practice in her life. Silence and stillness within her gave a lot of freedom and witnessing capacity. Initially she was depressed but slowly she could come out due to Meditation and Yoga.

This implies the need for a change in education system with yoga, meditation and philosophical values of scriptures in addition to the present pattern.

Warrier Foundation is highly committed to it. We have 40 Veda students in our residential school. They have to appear for the exam of Ujjain University. We are also giving equivalent formal education thru' open university to appear for 10th standard CBSE board syllabus. They are getting proficiency in English, Computer literacy and other fields of knowledge. They will become future citizens with spiritual values. and social commitment.



Selfless actions leads Fulfilment

Binay Jha



Warrier Foundation is doing great noble works in India. They are educating underprivileged children by providing them with food, clothing, shelter & education - the most basic needs in today's world. By doing this, Foundation is helping these

children to seamlessly integrate to the main stream. This noble work has been started under the leadership of Mr A S Madhavan Sir who decided that the underprivileged also deserve a chance to realize their dreams & the best way would be to do something for the needy. To make this a reality, Madhavan sir started Bal mandirs in Panvel & Kerala under Warrier Foundation. He is not only a visionary & down to earth person but he has risen above materialistic values. His vision is based on spiritual values and have tremendous power to realize it. Madhavan sir's presence itself will allow to transform others which is unique. Transformation only will help us to have the

Bijay Jha is a task master and a great achiever in professional life. Now he also become a seeker in Social and Spiritual front. Warrier Foundation became a platform for him to excel his unique potential of high relatedness with top level people will lead to support Warrier Foundation in all aspects of growth including professional, commercial and social sphere.

ability to accept all situation as it is on a witnessing point. He has touched us in many ways & his selfless goal is contributing to make this world a better one. Balmandirs of Warrier Foundation take care of all basic needs of the children and are always reflecting higher value of 'Adhidhi Devo Bhava'. A selfless action always gives a sense of fulfillment & peace within. His vision also reflected in our being for educating 1000 children in the Balmandirs. ■

Panvel Balamandir's Children



Well wishers at Panvel Balamandir





Warrier Foundation

Warrier Foundation is a non-profit Indian Charitable Organization and was founded with a mission of reaching out to the underprivileged and needy, to help them to face the world and live their lives meaningfully. In association with like-minded people and organizations, Warrier Foundation has launched several initiatives on the social service front.

- **NURTURE A CHILD**
- **GURUKULA VIDYALAYA VEDIC TEACHING (RESIDENTIAL SCHOOL)**
- **ACTIVITIES IN NATURAL CALAMITIES**
- **WORLD RECORD ACHIEVEMENTS**
- **EYE CHECK UP CAMPS**
- **EYE DONATION AWARENESS**
- **BLOOD DONATION CAMPS**
- **BEAUTIFUL HANDWRITING .**
- **JYOTHIR GAMAYA PROGRAMMES**

UPCOMING PROJECTS

- Construction of new Balamandirams at different places including Ernakulam, to enhance the number of students from 300 to 1000.
- Adopting villages and buying lands for planting trees for environmental protection and organic farming.
- Activating Vocational Training for self employment and sustainability.
- Periodical medical / eye check-up camps.
- Building up more Universal Centers for Holistic living and upliftment.
- Cancer / Aids / Environmental awareness camps, etc.
- Eyes / Organ Donation awareness campaigns
- Career Counseling / Guidance courses
- Spiritual Satsang & Meditation Centres
- Value oriented publications
- Computer Literacy / E-enabled Education Systems
- Talent promotion / Cultural Training and periodical events

Please send your donation to : **WARRIER FOUNDATION**

Banks : IndusInd Bank, Andheri East Branch, A/c. No. : 100002018093 IFSC Code : INDB0000018

All donations exempted u/s 80G of Income Tax Act.

WARRIER FOUNDATION

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Tel. : 0494 2602192
Mob. : 09446514192 (Thilakam)

ERNAKULAM

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